

# Br**☕**akfast**🍳**.

## **The Great British All Day Breakfast** £6.25

London traditional sausage, bacon, free range egg, Heinz baked beans, mushrooms, black pudding, bubble & squeak, grilled tomatoes, with toast

## **The Vegetarian All Day Breakfast** £6.25

2 Vegetarian sausages, free range egg, Heinz baked beans, bubble & squeak, mushrooms, grilled tomatoes, with toast

## **The s&m Big Breakfast** £6.50

2 London traditional sausages, double bacon, 2 free range eggs, bubble & squeak with toast

## **The Workers Breakfast** (including a mug of tea or coffee & toast) £5.95

*Choose five different items from the list below.*

## **The Simple Breakfast** (including a mug of tea or coffee & toast) £4.95

*Choose three different items from the list below.*

**Bubble & squeak, bacon, egg, London traditional sausage, Heinz baked beans, black pudding, mushrooms, grilled tomato & chips**

All our breakfasts served with toast & butter

A little s&m in the morning!

## **Eggs Benedict** £6.25

2 poached eggs & ham on a toasted muffin with hollandaise sauce

## **Eggs Royale** £6.25

2 poached eggs served on a toasted muffin with smoked salmon & hollandaise sauce

## **Eggs Florentine** £6.25

2 poached eggs served on a toasted muffin with spinach & hollandaise sauce

## **Scottish smoked salmon & scrambled eggs with toast** £6.95

### **2 Eggs on a toasted muffin or toast** £3.25

Scrambled, fried or poached

### **2 Boiled eggs with toast soldiers** £3.25

### **Plain omelette** £3.50

with toast. Add mushrooms, cheese, ham, grilled tomato £0.75 each

### **Heinz baked beans on Toast** £2.95

## **Manx kippers with poached egg & toasted muffin or toast** £4.95

### **Toast & jam, marmite or marmalade** £1.75

### **Muesli with yoghurt & mixed berries** £2.95

### **Fruit salad & yoghurt** £2.95

Take away tea or coffee £1

Extra sausage only £1

## **s&m extras**

**London traditional sausage** £1.00, **Bacon** £0.75, **Egg** £0.50, **Cheese** £0.75,

**Ham** £0.75, **Grilled tomato** £0.75, **Heinz baked beans** £0.50,

**Bubble & squeak mash** £1.75, **Mushrooms** £0.75, **Black pudding** £0.75

**Vegetarian sausage** £1.00, **Extra toast** £0.75, **Chips** £2.50.

All our eggs are free range.  
Breakfast served until midday.

# s&m

Great British Grub

A little  
s&m  
in the  
morning!

## Sandwiches / Butties (Hot)

On white / brown bread or buttie

Double fried egg £2.50

Double bacon £2.75

Bacon & egg £3.25

Double London traditional sausage £2.95

Double vegetarian sausage (v) £2.95

Fish fingers with ketchup £2.95

s&m BLT £3.50 / chicken BLT £4.50

Big chip buttie £2.95

Steak sandwich buttie £6.50 with chips £8.50

## Sandwiches / Butties (Cold)

On white / brown bread or buttie

Scottish smoked salmon,  
cream cheese & cucumber £4.75

Double Gloucester cheddar cheese  
& Branston pickle £3.75

Honey roasted ham, wholegrain mustard  
& tomato £3.95

Take  
away  
tea or  
coffee  
£1

## Drinks (Hot)

Tea:

PG Tips £1.70

Earl Grey tea £1.80

Herbal teas £1.80

Coffee

Filter coffee £1.70

Espresso (4oz) £1.70 (double) £2.10

Cappuccino £2.10

Latte £2.10

Americano £1.90

Macchiato (4oz) £1.90

Hot chocolate (70% cocoa) £2.30

Mocha £2.30

All our hot  
drinks are  
served in  
10oz mugs

## Breakfast Juices

Fresh orange or apple juice £2.50

Pineapple or cranberry juice £1.95

Milkshake (Chocolate, Vanilla & Strawberry) £3.25  
(With semi-skimmed or soya milk)

Raspberry & blueberry smoothie £3.25

Strawberry & banana smoothie £3.25

Pineapple, mango & papaya smoothie £3.25

## Breakfast Smoothies

Berry breakfast crumble £3.30

Raspberries & blueberries, organic porridge oats,  
natural live yoghurt, fresh apple juice & a hint of honey.

## Drinks (Cold)

Iced coffee £2.00

Mocha breeze £2.70 (blended with crushed ice & semi-skimmed milk)

Vanilla breeze £2.50 (blended with crushed ice & semi-skimmed milk)  
(add caramel syrup 30p)

Come  
Sad  
Leave  
Happy!

to book online, please visit

[www.sandmcafe.co.uk](http://www.sandmcafe.co.uk)