

***Please note:***

**If you are close by and cannot be bothered to walk, call us for a delivery (minimum order value £20.00).**



**Fully  
Licenced**

**Islington  
4/6 Essex Road  
London N1 8LN**

**T: 020 7359 5361**

**essex@sandmcafe.co.uk**

**Restaurant available  
for parties, corporate events,  
any time, day or night.**

Please visit [www.sandmcafe.co.uk](http://www.sandmcafe.co.uk)  
for our **“more banger for your buck”** offers.

**Takeaway  
Tea &  
Coffee  
£1**

**Eat  
Yourself  
Happy!**

**Take  
it  
Away!**

**s&m**  
Great British Grub

# OUR TAKEAWAY MENU

## Hot Food

### Our Meat Pies £3.25

Steak & Kidney, Minced Beef,  
Chunky Steak & Chicken & Mushroom

(ask our server about our special meat pie of the day!)

### Our Veggie Pies £3.25

Mediterranean Vegetable  
& 3 Cheese & Vegetable

(ask our server about our special meat pie of the day!)

(add mash or chips for £2)

## OUR SAUSAGE & MASH

**No.1 The Angel £4.95**

**2 s&m London Traditional Sausages**  
served with traditional mash & house red onion gravy

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**The Herbivore (v) £4.95**

**Any 2 from Our Selection of Yummy Vegetarian Sausages**  
**(Please ask your server)**

served with cheese & spring onion mash & house red onion gravy

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**'Sausage Dishes of the Week' £5.25**

*try our 2 special sausage dishes from the blackboard or ask your server*

## OUR OTHER MAIN DISHES

**Shepherds Pie £4.95**

**Salmon & Parsley Fishcakes £4.95**

### Choose your veg

Heinz Baked Beans £1.00 Crispy Onions £1.00 Mushy Peas £1.50  
Garden Peas £1.50 Side House Salad £1.50 Grilled Mushrooms £1.00  
Buttered Greens £1.00

## Salads

**Mixed Leaf House Salad (v) £4.95**

**"Any 2 Sausage" Salad** with mixed leaves & dressing **£4.95**

## Sandwiches / Butties (Hot) (on white / brown bread or buttie)

**Double Fried Egg £2.50 Double Bacon £2.50 Bacon & Egg £2.95**

**Double London Traditional Sausage £2.75**

**Double Vegetarian Sausage £2.75 Fish Finger £2.50**

**s&m Blt £2.95 with Chips £3.95**

**Chicken Blt £3.95 with Chips £4.95**

**Steak Sandwich Buttie £4.95 with Chips £5.95**  
with horseradish cream, crispy onions & rocket

## Sandwiches / Butties (Cold) (on white / brown bread or buttie)

**Double Gloucester Cheese & Branston Pickle £2.50**

**Honey Roasted Ham, Wholegrain Mustard & Tomato £2.75**

**Smoked Salmon, Cream Cheese & Cucumber £3.75**  
with chips £4.75

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## Puddings

**Crumble of the Day** (ask your server) served with custard or cream **£2.95**

**Sticky Toffee Pudding** with butterscotch sauce **£3.25**

**Spotted Dick** with custard **£3.25**

**Banoffee Pie £3.25**

## OUR DRINKS

### Hot

**Tea 12oz £1.00 Filter Coffee 12oz £1.00**  
**Cappuccino 12oz £1.80 Latte 12oz £1.80**  
**Espresso 4oz £1.00 Hot Chocolate 12oz £2.00**

### Cold

**Cans from £0.65:**

**Coke, Diet Coke, Fanta & Sprite**

**Bottled Still / Sparkling Water £1.25**

**Fruit Juices £1.50:**

**Fresh Orange, Apple, Cranberry & Pineapple**

